

# HEALTH MATTERS

The newsletter of The WPH Charitable Trust – A charity supporting health related projects for individuals, groups and organisations across Coventry and Warwickshire

## **Entrust Care**

#### Disabled Sports Enthusiasts Given A Helping Hand By The WPH Charitable Trust

Entrust Care Partnership, a not-for-profit organisation based near Leamington, which holds recreational activities for young disabled people aged 11 to 16, has been given a £7,500 boost from the WPH Charitable Trust towards a series of sports sessions in 2017. There are between 4,000 and 6,000 children with additional needs in Warwickshire, and an ongoing need for local sporting provisions to suit the children's individual requirements. More about Entrust at "Freddie and Friends" on YouTube.



#### **Bob Grieve retires**

The WPH Charitable Trust is run by a Board of Trustees, half of whom are Medical and half of whom are professional Lay people. The Chair of the Trust rotates every two years and the present Chair – Professor Bob Grieve - is about to hand over to David Holt, a Commercial Property Surveyor.



Bob is a retired Professor

of Oncology, specialising in the treatment of Breast Cancer, and has been involved in many cancer related research projects over the years. He is a caring doctor and an enthusiastic teacher who continues to be involved with the training and Examination of the next generation of Oncologists.

Over the past two years he has steered the Charitable Trust through changing and challenging times with quiet, good natured but determined efficiency. The Trust now has a much-improved website, presence in local and social media and better awareness among the medical professionals.

The Trust can move forward with increased confidence thanks to the stewardship of Bob Grieve over the past two years.

## £60,000 grant to UHCW

15% increase in pregnancy rates thanks to WPH grant for embryoscope.

Research resulting in improved pregnancy success rates for infertile couples have taken The University Hospitals of Coventry and Warwickshire NHS Trust (UHCW) towards the top of assisted conception success rates in the UK, thanks to the WPH Charitable Trust.

The grant for £60,000 allowed the University of Warwick to buy the Centre for Reproductive Medicine at UHCW an embryoscope to research the reasons for infertility, particularly failure of embryos to implant into the uterus. As a result clinical scientists are able to select the most viable early embryos for implantation resulting in a 15% increase in pregnancy rates.

It has proved to be so successful that the NHS decided to give the go-ahead to a second purchase. The Scientific Director of the Centre for Reproductive Medicine at the hospital – Professor Geraldine Hartshorne said:

"Now we have these

embryoscopes, we have

found a whole range of

additional benefits for our work. Automated analysis is on the cards... Better clinical trials, laboratory studies and other forms of research have all led to greater understanding about how best to help infertile couples conceive."

From left to right; Emma Lucas, Professor Siobahn Quenby, Professor Geraldine Hartshorne, Rob Blacklock and Richard Ollis

#### **CERU Sensory Garden**

#### WPH Charitable Trust gives major boost to project supporting people with brain injuries

A £21,000 appeal to expand a sensory garden which helps patients under the care of the Central England Rehabilitation Unit (CERU) regain their confidence and independence after a fall has been pledged £5,000 by the WPH Charitable Trust.

The grant from the Trust has taken the total raised by the Unit to £19,000 and organisers of the appeal are now urging people to dig deep for donations, to help raise the final £2,000.

In-patients who have suffered a stroke, cardiac arrest or brain injuries are among the many who benefit from the garden, at Leamington Spa Hospital.

It is also offered to out-patients who use the hospital's eight-week falls prevention, strength and balance exercise programme, with a 20-minute course of obstacles featuring within the 90-minute, weekly rehab sessions.



New features as a result of the appeal will include a slalom course, stepping stone path, bridge, activity board, wire loop game and cognitive therapy facilities.

Each obstacle is designed to simulate everyday hazards while helping to improve balance and mobility, helping to increase confidence when faced with hazardous situations, both on foot and in wheelchairs.

Jayne Blacklay, Deputy Chief Executive, said:

"This unique, specialist rehabilitation course will offer lots of benefits to our patients. It is thanks to fundraising and the support of local organisations such as the WPH Charitable Trust that we will be able to create it.



WPH Trust is particularly keen to receive applications from INDIVIDUALS, based in Coventry & Warwickshire, in need of healthcare support.



### Tiny Tim's

WPH Swells the coffers of Children's Centre by £28,000



Regular grants from the WPH Charitable Trust has helped swell the coffers of a Coventry charity for children with special needs by more than £28,000 over the past six years.

The money has been used towards various projects at Tiny Tim's Children's Centre, in Whitefriars Lane, Coventry, dating back to 2010.

In that time the charity has received grants every year – ranging from  $\pm$ 1,000 to  $\pm$ 8,500.

Sarah Hemings is Manager of Tiny Tim's Children's Centre, which caters for 219 children from Coventry and farther afield – providing free complementary therapies to youngsters with wide-ranging needs.

She said: "Every donation we have received has been used directly to provide therapy for children with disabilities and special needs.

"At present a therapy session costs £25, so since 2010 WPH Charitable Trust has helped us to provide a total of 1,040 therapy sessions."

With annual running costs of £200,000 every penny is raised by the children's centre and its community.

Bob Grieve, Chair of the WPH Trustees, said: "Tiny Tim's Children's Centre provides an invaluable lifeline to the children and families in its community, Providing free complementary treatments to youngsters with disabilities, special needs and health problems.

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