

HEALTH MATTERS

The newsletter of **The WPH Charitable Trust** – A charity supporting health related projects for individuals, groups and organisations across Coventry and Warwickshire

WARWICK AMBULANCE ASSOCIATION RECEIVES MUCH NEEDED INCOME BOOST

Warwick Ambulance Association (WAA) has been awarded £3,000 to help resume its vital work once restrictions allow.

The WAA provides first aid training and cover was stopped at the start of lockdown



However, the £18,000 worth of bills for at its Emscote Road HQ and the upkeep of its nine-strong fleet, including ambulances, mobile treatment units, paramedic cycles and a caravan for overnight accommodation at national events, still had to be met.

The money from WPH was used towards those costs.

Pat Goode, Treasurer and Trustee, said WAA would normally raise the majority of its funds through event attendance fees, public talks and donations.

"The money from the WPH Charitable Trust has made an enormous difference," Pat said. "Without donations such as this we could not have survived the financial aspects of the pandemic to be able to provide our services in the future."



Do you know someone struggling with health related issues, who could benefit from additional financial support?

See our website for details of how to apply.

warwickshirehealthcharity.org.uk

WPH HELPS YOUNG PEOPLE EXPLORE THEIR CREATIVE POTENTIAL

The WPH Charitable Trust has awarded £5,000 to Media Mania, a not-for-profit organisation working with children and young people up to the age of 30 affected by issues such as depression, aggression, self-harm and eating disorders.

The money is being used towards a new, fully accessible studio production and recording facility scheduled for launch in August as part of Coventry's City of Culture year. The studio forms part of a wider £2.5 million redevelopment of the historic Daimler Powerhouse in Radford - home to Media Mania for the past four years.

Working with 100 to 150 young people every year, Media Mania provides a safe environment for them to work through their issues using music as an effective form of self-expression and helping with self-awareness, building resilience and developing coping strategies such as relaxation and mindfulness.

They come to Media Mania by selfreferral or through organisations such as Coventry City Council's Early Help Centres, the Youth Offending Service and Grapevine.

David Mills, Director of Media Mania, said: "We are very excited about the new development and would like to thank WPH for the kind donation."

To self-refer email info@media-mania.org or log on to www.media-mania.org





WARWICKSHIRE VISION SUPPORT RECEIVES £2,500

Warwickshire Vision Support (WVS) has received £2,500 from the WPH Charitable Trust to help with its work with visually impaired people during Covid-19. She said since the inception of the telephone befriending service last year, over 8000 calls have been made with in excess of 4000 volunteer hours committed to the project.

"The support we have received from The WPH Charitable Trust allowed us to continue to provide our invaluable telephone support. More people received our support and fewer were left feeling lonely and isolated during these most challenging times."

WVS used its money towards its telephone befriending service, launched as a result of the pandemic to replace its usual face-to-face home visitor service and four vision support centres throughout Warwickshire.

Prior to the pandemic WVS ran a popular home visitor befriending service with volunteers offering company and conversation. It would also assist with correspondence and mail and check for use by dates and any hazards in the home.

The charity was forced to suspend these services when the pandemic took hold.

Louise Jelley is the Fundraising and Senior Vision Support Officer of Warwickshire Vision Support.

THE WPH CHARITABLE TRUST AWARDS £3,000 TO IMPROVE QUALITY OF LIFE FOR MARTIN

The WPH Charitable Trust has awarded £3,085 towards a new wheelchair for a Keresley man to help improve his quality of life.

This generous donation made up the remaining sum required for the purchase of a £6,835 wheelchair which has enabled Martin Cotterill to manoeuvre more easily inside his bungalow and to venture outdoors more.

It comes after two years of being trapped indoors for Martin, who has spina bifida and associated disabilities.

Once able to work and drive a car, he was forced to give up both due to progressively losing his strength and mobility.

This gradual decline made it very difficult to continue to operate his old wheelchair

which was not robust enough to use outdoors or for any length of time.

Having been confined to his home for much of the previous year, his mental health started to suffer when Britain went into the lockdown last March. Problems were compounded three months later when he suffered a stroke.

Martin expressed his thanks to the WPH Charitable Trust. He said: "It's given me my independence and hope for the future – it's been a game changer."



Photo Credit Taylor Made Wheelchairs

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