

HEALTH MATTERS

The newsletter of **The WPH Charitable Trust** – A charity supporting health related projects for individuals, groups and organisations across Coventry and Warwickshire

WPH Charitable Trust helps buy new wheelchair for Henry

The parents of a young boy with spinal muscular atrophy (SMA) have been awarded £3,072 from the WPH Charitable Trust.

Richard and Stephanie Roberts, who live in South Warwickshire, used the money to buy a Panthera Micro Wheelchair for their only child, Henry, to use inside and outside the home. Richard explained that “We are facing the reality that Henry is never going to be able to walk. It is a degenerative condition which means that he will lose strength and what limited posture control he has.”

Richard added: “Henry

finds his new wheelchair easy to navigate and it gives him the independence to go where he wants to go. “It has bespoke padding to support the alignment of Henry’s hips and knees. This is important as without supportive seating he is like a rag doll.

“Without the grant we would not have been able to provide this wheelchair for Henry which has opened up this whole new

world. He is able to interact and play with other children and he is now able to explore under his own steam. It’s wonderful to see. In what has been a very dark period, seeing Henry in his chair has been like a beacon of light. We cannot thank the Trust enough.”



David Holt



Extract from a statement by retiring chairman of the WPH Charitable Trust, David Holt.

“It has been a privilege to have been the Chairman of the WPH Charitable Trust for the last two years. During this time we have awarded around 235 grants totalling £856,000

to charities and worthy causes.

This has only been possible with the support of the enthusiastic board of trustees.

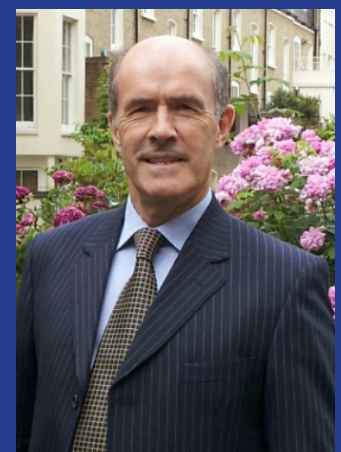
My greatest pleasure has been our success in attracting more applications from individuals who have urgent medical needs. These include a level access shower for a disabled gentleman, a stairlift for another disabled gentleman, allowing him to remain in his own home.

We have also given to many causes which help to encourage social inclusion. With our help,

The Resource Centre for the Blind in Coventry was able to build a new IT suite. St Peter’s Centre, also in Coventry, installed a new kitchen specifically designed with disabled users in mind. The Warwickshire-wide Actively Influencing Mental Health Services (AIMHS) taught people with mental health issues, how to cook healthy foods on a limited budget, and CROW Recycling, in Coventry, was able to continue in its work to provide opportunities for young people and adults with learning difficulties who would otherwise find it difficult to find employment.”

Peter Handslip, Consultant Respiratory Physician, has taken over as Chairman following the AGM in April.

Peter Handslip



WPH AWARDS £5,000 TO HELP SURVIVORS OF SEXUAL ASSAULT

A Warwick charity working to prevent sexual abuse and to support affected survivors has been awarded £5,000 from WPH.

Set up in 1994 the charity offers face-to-face, online and phone counselling, creative and group therapies, personal and social development programmes and one to one support for vulnerable children and young people.

There are separate helplines and online services for men, women and young people, as well as practical and emotional support when

reporting abuse to the police, and training services for parents and professionals supporting survivors.

Official statistics estimate that one in six men and one in five women are affected by sexual abuse in the UK so it is little surprise that demand for the services Safeline provides has grown from 2,000 people three years ago to an estimated 15,000, this year as well as managing 44,000 calls and 44,000 texts and emails.

Neil Henderson, CEO of Safeline,



said: "The funding from the WPH Charitable Trust is hugely important as it will enable us to support more survivors to recover from the effects of their abuse.

"We thank WPH Charitable Trust for helping us to help make a difference to people's lives."

Funding allows Time Out to help vulnerable adults



A Time Out co-ordinator with a client

Established by Tracey Watson and Julie Goodman, who as housing assessment officers saw first-hand the vast problem of isolation and loneliness in the local community, Time Out was launched with the support of Lori Harvey, Localities and Communities Officer at North Warwickshire Borough Council, and has proven extremely popular.

A donation from WPH will enable co-ordinators to provide up to 150 hours of free services in order to promote independence and mental wellbeing among residents in Grendon, Baddesley, Wood End, Kingsbury and surrounding areas.

Beneficiaries include a Polesworth man with mobility problems who is taken to weekly bowls sessions, giving his wife some respite, and a young man with a learning disability who was taken to a local supermarket

while his mother was away on holiday.

The Time Out team, which has expanded to five, works closely with Social Care, Age UK, Alzheimer's Society and PCSOs for referrals. The money from the WPH Charitable Trust will enable more customers to be reached in North Warwickshire.

Tracey said: "We can offer customers bespoke visits and trips out to meet with their own social needs which their carer may be unable to do, and enabling the carer to have a break."

The funding will allow Time Out to continue in their support for carers by providing the respite services for another year.

"We want to thank the trustees of the WPH Charitable Trust for their support which is valued so much."

HARBURY VILLAGERS GIVEN HELPING HAND TO GET MOBILE

The WPH Charitable Trust has awarded £500 to Harbury e-Wheels.

Harbury e-Wheels serves people of any age who have been referred for help with transport. Working closely with local schools, churches, doctors' surgeries, children's centres, hospital departments and local authority children's teams, the service is staffed by a team of 22 volunteers.

Co-ordinators of the free service say the money will help pay for the hire costs of Harbury e-Wheels' regular cars for a month, benefiting

dozens of residents in the village and surrounding area in that time.

Bob Sherman and Hugh Tottle founded Harbury e-Wheels in November 2015. Since then demand has continued to spiral as locals deem the service an excellent alternative to car ownership. In 2017 700 trips were made for 152 passengers.

Bob said: "There is no doubt we could not run Harbury e-Wheels without donations such as the £500 from the WPH Charitable Trust. It is an extremely generous amount and we are most grateful to the Trustees."



Do you know someone struggling with health related issues, who could benefit from additional financial support?

See our website for details of how to apply.

www.warwickshirehealthcharity.org.uk