

HEALTH MATTERS

The newsletter of **The WPH Charitable Trust** – A charity supporting health related projects for individuals, groups and organisations across Coventry and Warwickshire



Message from Dr Marakatham Venkataraman Chairperson of the WPH Charitable Trust.

When I last wrote, we were in the midst of the Covid pandemic that reaped significant hardship on many families. This has been unrelenting, with the war in Ukraine and the rise in the cost of living, driving many more families into severe debt.

We are now receiving even more applications for daily essentials like flooring, cookers and inexpensive household appliances, basics that families can no longer afford. We have also had more applications from community organisations both for their services and on behalf of individuals with significant health needs, especially mental health.

The global financial situation has meant that we have needed to be more diligent and discerning when allocating funds. The satisfaction supporting someone's request for funding is tempered by the sadness

when a request has to be refused. Nonetheless we have also been able to support a large number of individuals where we have made a very positive difference.

The letters from applicants who have benefitted from our funding are both humbling and inspiring. I continue to be grateful that I can be a part of WPH charity and hope that 2023 ushers in a better year for the families and individuals that we serve.

If you or a client have a problem that you feel the Trust could help with please go to our website where an application can be made <https://www.warwickshirehealthcharity.org.uk/>

THE PARENTING PROJECT RECEIVES £5000

This Charity helps Warwickshire families struggling with wide-ranging issues including unemployment, isolation, relationship breakdowns and financial difficulties. This donation will help it develop parent mentoring which offers friendly, informal support and guidance.

Before Covid 19 the service coped with four mentors but demand has spiralled since and now has 30 mentors supporting over 60 parents. There is a higher level of need with more parents at crisis level, more family breakdowns and also parents with suicide ideation.

Parent mentoring and family wellbeing services operate in Stratford, Warwick and Rugby with counselling services across the whole of Warwickshire and the aim is to grow all three services areas across the whole of Warwickshire.



£10,000 AWARDED TO ZOË'S PLACE BABY HOSPICE

Zoë's Place provides respite, palliative and end-of-life care for babies and young children with life-threatening and life-limiting illnesses in Warwickshire. It currently has 32 babies accessing their services and this donation will be used to pay for core clinical costs.

At present four beds out of five are open three days/nights a week, with an aim to make all beds accessible seven nights a week.

Rachel Harrison, Senior Fundraiser at Zoë's said "Thanks to this grant we are able to continue providing a reliable, flexible service for our families."

It was the third time the Trust had made a significant donation to the hospice



**Zoë's Place
Baby Hospice**



£4000 FOR THE AMBULANCE STAFF CHARITY

Launched in 2015 this charity supports the mental health, physical rehabilitation and financial wellbeing of ambulance crews, most calls coming from Coventry, Warwickshire and the West Midlands.

Karl Demian, CEO of TASC, said " This grant will help us to continue to deliver our much-needed mental health support to those that care for us."

In 2021 the staff were contacted over 4,300 times by members concerned about their mental health, and provided over 3,800 mental health sessions and 923 interventions, a 94% increase on 2020.

Service users are offered four to six sessions of counselling to help stabilise their mental health for ongoing appropriate therapy with local specialists.



THE ENTERPRISE CLUB £5,000 TO HELP DISABLED PEOPLE IN COVENTRY

This donation will help the Enterprise Club, in Avon Street buy a new minibus, to allow safe, efficient, door-to-door service from homes to the club to be provided by its four strong fleet.

Jill Simms, General Manager, said that "85% of our members rely on the transport to gain access to our activities and it is the backbone of our charity."

The club aims to improve the quality of life of disabled people in Coventry and the surrounding area, through a wide range of services including day care, handicrafts, lunch and theatre excursions or assisting with the provision of facilities for recreation and leisure time occupation.

It also hopes to reduce the feeling of loneliness and isolation often experienced by disabled people and to offer opportunities to socialise and make friends.



**The WPH Charitable Trust, c/o Blythe Liggins, Edmund House, Rugby Road, Leamington Spa CV32 6EL
Email: info@warwickshirehealthcharity.org.uk www.warwickshirehealthcharity.org.uk**

Designed and produced by Parallel Creative T: 024 7660 3030 www.parallel-creative.co.uk